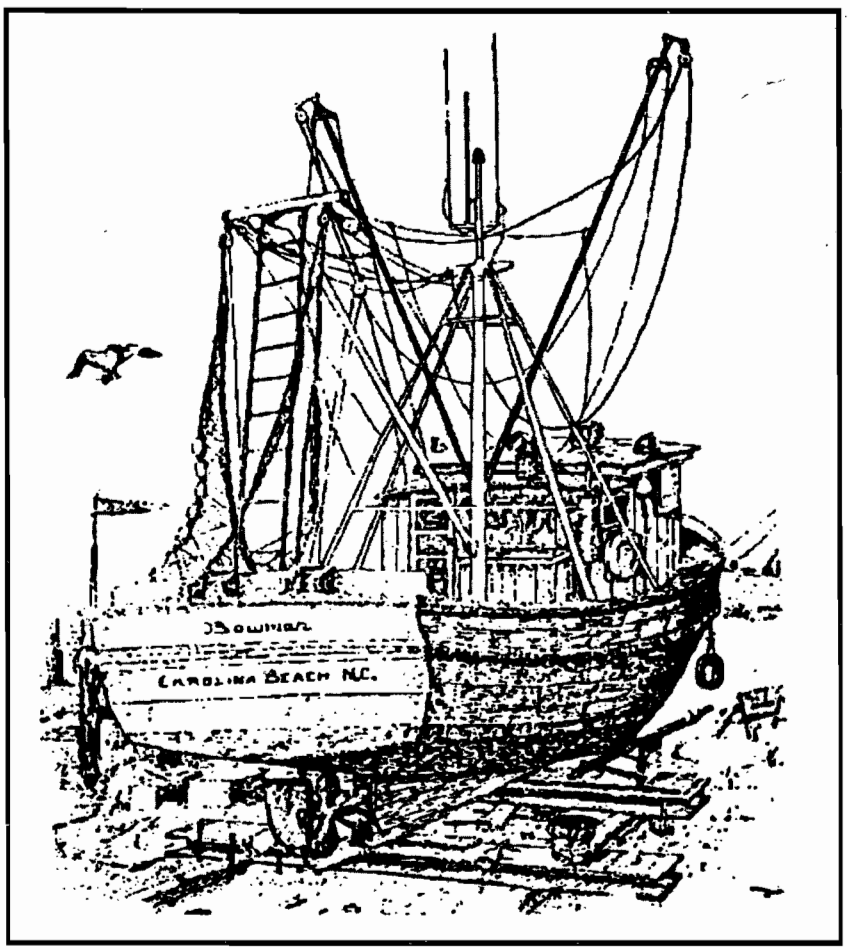
BOWMAN'S

At The Beach
SEAFOOD RESTAURANT

EAT IN



TAKE OUT

We Deliver

(Minimum $15.00)
$2.00 Service Charge

Established 1992

Celebrating 19 Years in Business

Wayne and Teresa Bowman - Owners/Operators

911 North Lake Park Boulevard • Carolina Beach, NC 28428

(910) 458-6292

www.bowmansseafoodrestaurant.com

APPETIZERS

Shrimp Cocktail 7.95
1/2 dz. Jumbo Shrimp Served on a Crisp Bed of Lettuce

Oyster Cocktail 7.95
Generous serving of Fresh Oysters

Clam Strips 7.95
1/2 Pound Lightly Breaded and Deep Fried to Perfection!

Chili Cheese Fries 7.95
1/2 Pound Crispy Fries Piled High with Chili and Cheese

Fried Mushrooms 7.95
Fresh Whole Mushrooms Coated in a Crispy Breading (enough for 2)

Mozzarella Sticks 7.95
Basket Full, Lightly Breaded with choice of Marinara or Ranch

Cocunut Butterfly Shrimp 7.95
Six with your choice of sauce

Buffalo Wings 7.95
3/4 Pound Served with Hot or Mild Sauce

SOUPS & SALADS

Salads served with choice of Dressing:
Thousand Island, French, Italian, Ranch, Honey Mustard, Blue Cheese, Fat Free Raspberry Vinaigrette

Grilled Chicken Salad 9.95
5 oz. Skinless Breast

House Salad 5.25
Prepared Daily with Freshest Ingredients

Shrimp Salad 9.95
1/3 Pound Fresh Local Shrimp

New England Clam Chowder 5.95
Homemade Fresh Daily!

Oyster Stew 5.95
A Gracious Serving...Delicious!

SANDWICHES

Bowman's Big Burger *Hand Pattied 100% USDA Choice Chuck Served with Mustard, Chili, Slaw, Onions* 3.75

Bar-B-Que *100% Pure Lean Pork Hand Pulled* 3.95

Chicken Fillet *Prepared with Two Lightly Breaded Chicken Tenderloins* 3.95

Grilled Chicken Sandwich *5 oz. Skinless Breast* 5.95

Ribeye Steak Sandwich *4 oz. Grilled to Perfection* 6.25

Flounder Burger *A REAL Fillet...Nothing Square Here!* 5.95

Shrimp Burger *Lots of Them, Falling off the Bun* 5.95

Scallop Burger *Six Pieces of Lightly Fried Sea Scallops* 6.95

Oyster Burger *As Fresh as They Come* 6.95

Whiting Burger *Real Fillet Peeping Out of the Bun* 5.25

Clam Strip Burger *Lightly Fried and Piled High* 5.25

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STEAK, CHICKEN AND BBQ

(Please allow preparation time. All meats cooked to order. Brown Gravy Available Upon Request.)

Bar-B-Que *100% Pure Lean Pork Hand Pulled* 10.95

Chicken Strips *Six Pieces of Chicken Tenderloins Lightly Breaded* 10.95

Hamburger Steak *One Pound 100% USDA Heavy Western Chuck* 11.95

Rib Eye Steak *3/4 Pound USDA Choice Hand-Cut to Perfection* 18.95

Hamburger Steak Combination *One Pound 100% Chuck with your choice of Shrimp, Oysters or Fish* 15.95

Rib Eye Steak Combination *3/4 Pound USDA Choice with your choice of Shrimp, Oysters or Fish* 22.95

Plates served with Slaw & Hushpuppies and your choice of French Fries or Tater Tots or Baked Potato
(Boiled Shrimp instead of Fried Shrimp add $3.00)

Bowman's Seafood Restaurant

911 North Lake Park Blvd. • Carolina Beach, NC 28428
Visit Us Online At: http://www.bowmansseafoodrestaurant.com

LUNCH MENU-DAILY SPECIALS $7.95

Served Monday—Friday 11:00-2:30

SEAFOOD PLATE

Choice of One (1) Item - Flounder, Whiting, Shrimp, Oysters, Deviled Crab, Clam Strips
Served with choice of two (2) vegetables, roll or hushpuppies

LUNCH PLATE

Choice of One (1) Meat - Two (2) Vegetables, Roll or Hushpuppies

MEAT CHOICES

Bar-B-Que • Country Fried Steak • Hamburger Steak • Smoked Sausage
Pot Roast • Chicken Strips

VEGETABLE CHOICES

Cream Potatoes • Macaroni Salad • Green Beans • Lima Beans • Fried Okra • Rice & Gravy
Slaw • Yam Sticks • Pinto Beans • Turnip Greens • Fried Squash • Potato Salad
Corn Nuggets • Tater Tots • Macaroni & Cheese • French Fries • Lunch Salad • Apple Sauce

VEGETABLE PLATE (each vegetable) 2.25

SANDWICHES AND SIDE ORDERS

Bowman's Big Burger *Hand Pattied 100% USDA Choice Chuck Served with Mustard, Chili, Slaw, Onions 3.75*
Bar-B-Que *100% Pure Lean Pork Hand Pulled 3.95*
Chicken Fillet *Prepared with Two Lightly Breaded Chicken Tenderloins 3.95*
Grilled Chicken Sandwich *5 oz Skinless Breast 5.95*
Ribeye Steak Sandwich *4 oz Grilled to Perfection 6.25*
Flounder Burger *A REAL Fillet. ..Nothing Square Here! 5.95*
Shrimp Burger *Lots of Them, Falling off the Bun 5.95*
Scallop Burger *Six Pieces of Lightly Fried Scallops 6.95*
Oyster Burger *As Fresh as They Come! 6.95*
Whiting Burger *Real Fillet Peeping out of the Bun! 5.25*
Clam Strip Burger *Lightly Fried and Piled High 5.25*
Bowl of Clam Chowder or Oyster Stew *Homemade Fresh Daily and Delicious 5.95*
French Fries or Tater Tots *Real Potatoes 2.25*
Basket of Fries *A Basket FULL!! 3.95*
Onion Rings *Real Onions, Not Chopped 5.25*
Hushpuppies *(per dozen) Fresh, not Frozen 3.25*
Pint of Slaw *Homemade Daily 3.25*
House Salad *Prepared Daily with Freshest Ingredients 5.25*

We Use
100% Peanut Oil
No Cholesterol
0 Trans Fat

BEVERAGES

Tea, Coffee, or Soft Drinks 1.95

WE DELIVER (Minimum $15.00)

458-6292

SEAFOOD PLATES

Lg. Fried Clam Strips *14 oz. Lightly Breaded*	13.95	**Sm.** *12 oz. Lightly Breaded*	12.95
Lg. Fried Oysters *20 As Fresh As They Come*	17.95	**Sm.** *12 As Fresh As They Come*	15.95
Lg. Boiled Shrimp *3/4 Pound Hot or Cold*	15.95	**Sm.** *1/2 Pound Hot or Cold*	13.95
Lg. Fried Shrimp *More than 3/4 Pound*	15.95	**Sm.** *More than 1/2 Pound*	13.95
Lg. Fried Flounder *Four Filets Lightly Breaded*	15.95	**Sm.** *Three Filets Lightly Breaded*	13.95
Lg. Fried Whiting *Four Filets Lightly Breaded*	13.95	**Sm.** *Three Filets Lightly Breaded*	12.95
Lg. Fried Deviled Crab *Four 3 oz. crabs*	13.95	**Sm.** *Three 3 oz. crabs*	12.95

Alaskan Snow Crab Legs *Over One Pound of Crab Legs (3 Clusters)* 21.95

Broiled Flounder *Three Filets with a Touch of Butter added* 16.95

Fried Scallops *1/2 Pound Sea Scallops Lightly Breaded* 16.95

Plates served with Slaw & Hushpuppies and your choice of French Fries or Tater Tots or Baked Potato

SEAFOOD PLATTERS

(Choices: Flounder, Whiting, Shrimp, Oysters, Deviled Crab, Clam Strips, Scallops)
(All Items Are Lightly Fried)

Commander in Chief Seafood (Includes Everything) *For the one who wants it all* 19.95

Admiral's Seafood (Choice of 6) *Great Variety to Choose from* 18.95

Captain's Seafood (Choice of 5) *For the Picky ones at the Table* 17.95

Skipper's Seafood (Choice of 4) *Just Right for the Seafood Lover* 16.95

Mate's Seafood (Choice of 3) *Makes it hard to pick just Three* 15.95

Sailor's Seafood (Choice of 2) *Two of the Best Seafood Items there are* 14.95

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Plates and Platters served with Slaw & Hushpuppies and your choice of French Fries or Tater Tots or Baked Potato
(Boiled Shrimp instead of Fried Shrimp add $3.00)

CHILD'S MENU

(Children 11 and Under Only ♦ No Exceptions)
(All Fried)

Seafood Plate (Choice of 1) *Flounder, Whiting, Shrimp, Oysters, Deviled Crab, Clam Strips. All Very Tasty!* 7.95

Chicken Strips *Four Pieces of Chicken Tenderloins Lightly Breaded* 7.95

Plates served with French Fries or Tater Tots and Slaw & Hushpuppies
(Substitute Baked Potato add $2.25)

SIDE ORDERS

Baked Potato *Oven Baked* 2.25

French Fries or Tater Tots *Real Potatoes* 2.25

Basket of Fries *A Basket FULL!* 3.95

Hushpuppies (per dozen) *Fresh, Not Frozen* 3.25

Slaw (pint) *Homemade Daily* 3.25

Onion Rings *Real Onions, Not Chopped* 5.25

18% Gratuity on Parties of 6 or more • *Local Check Only* • *We Also Accept M/C, Visa, AMEX and Discover*

Child's Plate must be accompanied by Adult Order for Delivery.

DESSERTS

Cheesecake (plain or topped with cherries) 3.75

Pecan Pie (slice) *Tastes like Mama Made It!* 3.75

BEVERAGES

Coffee (Regular or Decaf) *Fresh-Brewed Maxwell House. Good to the Last Drop!* 1.95

Iced Tea (Sweet or Unsweetened) *Lipton Special Blend* 1.95

Soft Drinks (One Refill per Glass) *Crisp Pepsi Products* 1.95

(Pepsi, Diet Pepsi, Mountain Dew, Sierra Mist, Dr. Pepper, Lemonade)

In the ongoing effort to provide you with a pleasant dining experience, Bowman's Seafood Restaurant is an entirely

Smoke Free Environment.

Thank You for allowing us to serve you. We choose our products carefully to ensure you the finest and freshest cuisine available anywhere. Our meals are cooked to order and require some time to prepare. It is our desire to provide you with a pleasant dining experience and we appreciate your patience and continued patronage.

The Bowmans

Vist Us Online At: www.bowmansseafoodrestaurant.com